



Adjutant's Message



A Day in the Life of an Adjutant

A Novel

I've been dating my psychiatrist and he says I shouldn't allow myself to be too invested in this position, whatever that means. It's Monday, my favorite day of the week. It starts out with a meeting with the Commander and a sampling of other officer's; a chance to bond. The Commander checks The Incident Log to see what he missed over the last week, hoping not to have to send someone "A Letter". The upcoming week's agenda is reviewed and tasks are assigned.

Then some lady interrupts because she's looking for a walker and a stool extender. I direct her to The Lions Club that's back around the corner.

Then the discussion turns to complaints voiced by the Fake News Faction that the bench along the west wall of the lounge has turned up missing! The Fake News Faction is upset that they weren't consulted. Someone suggests they attend a meeting or volunteer to serve on a committee. Which then leads to an observation that "Volunteer" rhymes with "Disappear", except when it's time to complain.

After the morning meeting, I take the weekend's bank deposits to the Credit Union. It's often uncomfortable because I take up too much of the tellers' time, which offends the people waiting in line behind me. I hurry to my car. Now it's time to check and respond to the voice mail messages, emails, and regular mail. If it's a meeting week (the first and third weeks) I need to prepare for those. Then the phone rings and a gentleman says he has an emergency. I ask what the nature of his emergency is and he says "I need a haircut". A woman in the background says "You don't need a haircut!". I tell him there is nothing I can do. He says he'll just call the police.

In the waiting room back at the psychiatrist's office I have an epiphany. The answer to the healthcare system crisis is to offer pull tabs while patients wait their turn to see the emergency room doctor, who will eventually get you that haircut.

Respectfully submitted,
John L. Erickson, Post 7 Adjutant

AMERICAN LEGION NEWSLETTER

ALBERT J. HAMILTON POST 7

May/June 2019

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Bellingham, WA 98226

Auxiliary President Message

Hello Everyone,

Well I would like to start out by saying Thank you to all my Auxiliary officers for a great year and I would like to welcome all my incoming officers as your Auxiliary President. I look forward working with all of you on this upcoming year. Well here it is with May just around the corner and then it will be June which the Auxiliary will be taking the months of June, July & August off. So I would like to take this time and say have a great summer and please be safe.

The Post is going to be setting a date for the Post clean up in the back yard and around the post. When we get the date we will let everyone know when and what time.

Service not self
Shelly Lagerwey
Unit 7 Auxiliary President

SAL Commander's Message

Hello to All,

Well I would like to start out by saying Thank you to All my SAL officers for a great year again and I would like to welcome All my incoming officers as your SAL Commander I look forward working with all of you on this upcoming year. Well here it is with May just around the corner and then it will be June which the Sal will be taking the summer off. We will be doing your Saturday night Dinners for Joker Poker. So I would like to take this time and say everyone have a great summer and please be safe. We are going to set a date for Post clean up in the back yard and around the post. When we get the date set we will let everyone know when and what time.

Sincerely yours
SAL Commander
Marty Richey

Legion Riders Director Message

Hello to all,

I would like to thank all outgoing Officers for their time and hard work. Welcome to the newly elected Officers. I look forward to working with all of you! Your 2019 officers are: Assistant Director-Chad Larsen, Treasurer- Jeff VanderPol, Road Captain- Al Varga, Chaplain- Chris Moran, Web Master- Lisa Boyles, Historian- Jeannie Gates, Secretary- Karen Grimes, Sgt at Arms- Eric Ogren, Membership- Marty Richey and Director- Bobby Hoffer. May and June tend to be busy months for everyone. Here are some highlights for upcoming events: in May there will be a Post outdoor cleanup (date and time TBD). Memorial Day weekend is Festival of Flags. Saturday morning is flag setup and breakfast, and Monday is the main program and we will again be serving hotdogs. May 30-June 3 is the Western ROMP in Laughlin, Nevada. June 28-30 is the State Rally in Chewelah. The Chewelah Creek Inn has blocked out all rooms for the event so call and reserve yours soon before they open the remaining rooms to the public. The Riders are picking up some dinner nights again, they are often short notice, but we will let you know when they come up. Your support would be greatly appreciated. Keep an eye on your email, our Facebook page and our website for more events and information. Stay safe out there, rubber side down.

Bobby Hoffer

COMMANDER'S COMMENTS

By Rick Sucee

WARNING

WARNING

WARNING

While at the Post have you ever exhibited two or more of the following symptoms?



- Being overly friendly
- Bragging
- Talking loudly
- Sudden or unexplained mood changes
- Annoying other customers
- Complaining about strength of drink or slowness of service
- Consuming drinks faster than usual' gulp drinks; order doubles
- Arguing with employees or other customers
- Using foul language
- Being sullen, don't want to communicate except to order drinks
- Buying rounds for strangers or the house
- Eyes are glassy, dilated pupils, lack of focus
- Losing your train of thought (stop talking in mid-sentence)
- Slurring speech or speaking very slowly and deliberately
- Unable to pick up money or drop money; unable to count out correct amount for drink
- Spilling drink or missing mouth with glass
- Head bobs, eyelids drooping, look sleepy
- Staggering, swaying while attempting to stand still; holding on to bar, chair etc.

If you have, the Washington State Liquor Control Board is looking for you. And if they find you on Post property, they could issue the Post and the bartender that served you a citation. In the last couple of months, the Post has had several visits and conversations with liquor control agents that want us to operate in a safe and responsible way. They have advised us on several rules that we need to follow and that their undercover agents will be looking for violations of those rules such as: serving anyone that exhibits two or more of the above symptoms; signing in customers that did not have a prior invitation, in other words if someone comes to the door without a sponsor YOU CANNOT SIGN THEM IN. You can suggest they come back at another prearranged time and be your guest, of course, you will have to be there as long as they are. Liquor agents are also looking at our bartenders for over-service, failing to take away drinks and failure to maintain order in the bar such as loud swearing loud and boisterous behavior. Therefore, the Executive Board wants everyone who purchases liquor at our Post to know that the bartenders have absolute authority to regulate your drinking and behavior while at the Post. Their job depends on it. The Post's liquor license depends on it. Anyone who refuses to comply with a bartender's request, argues, or directs profanity or insults at the bartenders or acts in a belligerent manner or otherwise exhibits obvious signs of intoxication may be subject to immediate expulsion from Post 7 property, as well as possibly being banned from the Post for an extended length of time including, being permanently excluded for life from Post 7 property.

Why all the fuss about behavior and liquor? Since the first of this year I have seen more permanent and extensive suspensions than I can ever recall of members and guests. We have been under scrutiny by the Washington State Liquor Control Board and we have had several issues regarding disrespect toward our bartenders. We also have been receiving complaints and comments from our customers that are tired of the foul language and loud boisterous behavior. The Post no longer will tolerate this and if you are one of the people that is at fault, you will be asked to leave. I want to be able to bring friends to the Post without having to be embarrassed by someone's bad behavior. NO MORE.

MAY 2019

1 st	Wednesday	Parade Committee Meeting	12pm
1 st	Wednesday	Marine Corps League Meeting	6:30pm
2 nd	Thursday	Texas Hold'Em	5:30pm
2 nd	Thursday	Line Dancing Lessons	7pm
3 rd	Friday	SAL Taco Dinner	5-7pm
4 th	Saturday	Bellingham Community Band	9am
4 th	Saturday	Joker Poker w/SAL Food	5-7pm
4 th	Saturday	Karaoke w/John Ho	7:30pm
5 th	Sunday	Private Retirement Party	1pm
5 th	Sunday	Riders Officer Meeting	1pm
6 th	Monday	Crib Tournament	6pm
6 th	Monday	Dance Lessons	7pm
7 th	Tuesday	Bldg. Improvement Meeting	6pm
7 th	Tuesday	Post & Aux. E-board Meetings	6:30pm
8 th	Wednesday	Parade Committee Meeting	12pm
8 th	Wednesday	Legion Riders Meeting	6:30pm
9 th	Thursday	Texas Hold'Em	5:30pm
9 th	Thursday	Line Dancing Lessons	7pm
10 th	Friday	Auxiliary Burger Night	5-7pm
11 th	Saturday	Backyard Clean-up	9am
11 th	Saturday	Bellingham Community Band	9am
11 th	Saturday	Joker Poker w/Aux. Food	5-7pm
11 th	Saturday	Junior Meeting	5pm
11 th	Saturday	Jack Benson Band	7:30pm
13 th	Monday	Crib Tournament	6pm
13 th	Monday	Dance Lessons	7pm
14 th	Tuesday	Early Bird	ALL DAY
14 th	Tuesday	SAL Meeting	6:30pm
15 th	Wednesday	Parade Committee Meeting	12pm
15 th	Wednesday	Activities Meeting	6:30pm
16 th	Thursday	Texas Hold'Em	5:30pm
16 th	Thursday	Line Dancing Lessons	7pm
17 th	Friday	Good Vibrations	7pm
18 th	Saturday	Lora Shanahan's Homecoming Roast & Toast	1pm
18 th	Saturday	Joker Poker w/MCL Meatloaf Dinner	5-7pm
18 th	Saturday	Karaoke w/John Ho	7:30pm
20 th	Monday	Crib Tournament	6pm
20 th	Monday	Executive Council Meeting	6:30pm
20 th	Monday	Dance Lessons	7pm
21 st	Tuesday	Fleet Reserve Meeting	11am
21 st	Tuesday	Post & Aux. General Meetings	6:30pm
22 nd	Wednesday	Parade Committee Meeting	12pm
23 rd	Thursday	Texas Hold'Em	5:30pm
23 rd	Thursday	Line Dancing Lessons	7pm
27 th	Monday	Crib Tournament	6pm
27 th	Monday	Dance Lessons	7pm
29 th	Wednesday	Parade Committee Meeting	12pm
30 th	Thursday	Texas Hold'Em	5:30pm
30 th	Thursday	Line Dancing Lessons	7pm
31 st	Friday	Post 7 Baseball Spaghetti Dinner	5pm

JUNE 2019

1 st	Saturday	Joker Poker w/SAL Food	5-7pm
3 rd	Monday	Crib Tournament	6pm
3 rd	Monday	Dance Lessons	7pm
4 th	Tuesday	Bldg. Improvement Meeting	6pm
5 th	Wednesday	Marine Corps League Meeting	6:30pm
6 th	Thursday	Texas Hold'Em	5:30pm
6 th	Thursday	Line Dancing Lessons	7pm
7 th	Friday	Rider's Taco Night	5-7pm
8 th	Saturday	Joker Poker w/SAL Burgers	5-7pm
8 th	Saturday	Karaoke w/John Ho	7:30pm
9 th	Sunday	Private Party	1pm
9 th	Sunday	Riders Officers Meeting	1pm
10 th	Monday	Crib Tournament	6pm
10 th	Monday	Dance Lessons	7pm
11 th	Tuesday	Early Bird	ALL DAY
12 th	Wednesday	Legion Riders Meeting	6:30pm
13 th	Thursday	Texas Hold'Em	5:30pm
13 th	Thursday	Line Dancing Lessons	7pm
14 th	Friday	Flag Day	ALL DAY
14 th	Friday	Rider's Dinner	5-7pm
15 th	Saturday	Joker Poker w/MCL Hotdogs/Chili Dogs	5-7pm
15 th	Saturday	Junior Meeting	5pm
15 th	Saturday	Karaoke w/John Ho	7:30pm
17 th	Monday	Crib Tournament	6pm
17 th	Monday	Dance Lessons	7pm
18 th	Tuesday	Fleet Reserve Meeting	11am
19 th	Wednesday	Activities Meeting	6:30pm
20 th	Thursday	Texas Hold'Em	5:30pm
20 th	Thursday	Line Dancing Lessons	7pm
21 st	Friday	Good Vibrations	7pm
22 nd	Saturday	Joker Poker w/Legion Food	5-7pm
24 th	Monday	Crib Tournament	6pm
24 th	Monday	Dance Lessons	7pm
26 th	Wednesday	National Commander's Visit	9am
27 th	Thursday	Texas Hold'Em	5:30pm
27 th	Thursday	Line Dancing Lessons	7pm
28 th	Friday	Legion Food	5-7pm
29 th	Saturday	Joker Poker w/Rider's Salad Bar	5-7pm



Albert J. Hamilton Post No. 7
 The American Legion
 1688 West Bakerview Rd
 Bellingham WA 98226

Office Hours Mon – Fri 10am – 2pm
 Office: 360-734-3110
 Club 7 Lounge: 360-734-1397

ALBERT J. HAMILTON POST 7

The Home of Whatcom County Veterans
 for 100 years

Newsletter
 May/June 2019

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U.S.POSTAGE

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**BELLINGHAM,
 WA**

Our Website is:

WWW.BellinghamLegion.com

Here you will find the most up to date information.

You can also sign up for weekly updates and email Newsletter here too!



Newsletter is published bi-monthly by Albert J Hamilton –American Legion Post 7 and available for free at 1688 W. Bakerview Rd Bellingham, WA 98226

LEGION APPAREL



JACKETS M-3XL PLUS SHIRTS, CAPS & HATS



WE ARE YOUR SOURCE FOR AMERICAN FLAGS

“CLUB 7 NEWS”

LOUNGE HOURS:

Monday – Thursday

12 noon – 9 pm

Friday - Saturday

12 pm – 10 pm

Sunday

2 pm - 7 pm

CASH POPCORN DONATIONS ARE WELCOME!

Club 7 Specials will be on reader board

EARLY BIRD DAY:

2nd Tuesday of the month

1st drink “TWO BITS”

HAPPY HOUR:

50 cents off all drinks

3:00-5:00pm